3. Disease and disorders that can be treated with acupuncture

The diseases or disorders for which acupuncture therapy has been tested in controlled clinical trials reported in the recent literature can be classified into four categories as shown below.

1. Diseases, symptoms or conditions for which acupuncture has been proved—through controlled trials—to be an effective treatment:

- Adverse reactions to radiotherapy and/or chemotherapy
- Allergic rhinitis (including hay fever)
- Biliary colic
- Depression (including depressive neurosis and depression following stroke)
- Dysentery, acute bacillary
- Dysmenorrhoea, primary
- Epigastralgia, acute (in peptic ulcer, acute and chronic gastritis, and gastrosphincter)
- Facial pain (including craniomandibular disorders)
- Headache
- Hypertension, essential
- Hypotension, primary
- Induction of labour
- Knee pain
- Leukopenia
- Low back pain
- Malposition of fetus, correction of
- Morning sickness
- Nausea and vomiting
- Neck pain
- Pain in dentistry (including dental pain and temporomandibular dysfunction)
- Periarthritis of shoulder
- Postoperative pain
- Renal colic
- Rheumatoid arthritis
2. Diseases, symptoms or conditions for which the therapeutic effect of acupuncture has been shown but for which further proof is needed:

   Abdominal pain (in acute gastroenteritis or due to gastrointestinal spasm)
   Acne vulgaris
   Alcohol dependence and detoxification
   Bell’s palsy
   Bronchial asthma
   Cancer pain
   Cardiac neurosis
   Cholecystitis, chronic, with acute exacerbation
   Cholelithiasis
   Competition stress syndrome
   Craniocerebral injury, closed
   Diabetes mellitus, non-insulin-dependent
   Earache
   Epidemic haemorrhagic fever
   Epistaxis, simple (without generalized or local disease)
   Eye pain due to subconjunctival injection
   Female infertility
   Facial spasm
   Female urethral syndrome
   Fibromyalgia and fasciitis
   Gastrokinetic disturbance
   Gouty arthritis
   Hepatitis B virus carrier status
   Herpes zoster (human (alpha) herpesvirus 3)
   Hyperlipaemia
   Hypo-ovarianism
   Insomnia
   Labour pain
   Lactation, deficiency
   Male sexual dysfunction, non-organic
   Ménière disease
3. Disease and disorders that can be treated with acupuncture

- Neuralgia, post-herpetic
- Neurodermatitis
- Obesity
- Opium, cocaine and heroin dependence
- Osteoarthritis
- Pain due to endoscopic examination
- Pain in thromboangiitis obliterans
- Polycystic ovary syndrome (Stein–Leventhal syndrome)
- Postextubation in children
- Postoperative convalescence
- Premenstrual syndrome
- Prostatitis, chronic
- Pruritus
- Radicular and pseudoradicular pain syndrome
- Raynaud syndrome, primary
- Recurrent lower urinary-tract infection
- Reflex sympathetic dystrophy
- Retention of urine, traumatic
- Schizophrenia
- Sialism, drug-induced
- Sjögren syndrome
- Sore throat (including tonsillitis)
- Spine pain, acute
- Stiff neck
- Temporomandibular joint dysfunction
- Tietze syndrome
- Tobacco dependence
- Tourette syndrome
- Ulcerative colitis, chronic
- Urolithiasis
- Vascular dementia
- Whooping cough (pertussis)

3. Diseases, symptoms or conditions for which there are only individual controlled trials reporting some therapeutic effects, but for which acupuncture is worth trying because treatment by conventional and other therapies is difficult:

- Chloasma
- Choroidopathy, central serous
Colour blindness
Deafness
Hypophrenia
Irritable colon syndrome
Neuropathic bladder in spinal cord injury
Pulmonary heart disease, chronic
Small airway obstruction

4. Diseases, symptoms or conditions for which acupuncture may be tried provided the practitioner has special modern medical knowledge and adequate monitoring equipment:

Breathlessness in chronic obstructive pulmonary disease
Coma
Convulsions in infants
Coronary heart disease (angina pectoris)
Diarrhoea in infants and young children
Encephalitis, viral, in children, late stage
Paralysis, progressive bulbar and pseudobulbar
4. Summary table of controlled clinical trials

This section provides a tabulated summary of all the controlled clinical trials reviewed for this publication. For each study, information is provided on the author(s), the year of publication, the number of subjects involved, the study design, the type of acupuncture applied, the controls used and the results obtained.